**International Mentoring Programme**

Winter semester 2021/22

### The programme at a glance:

**before your arrival:**
- online preparatory workshop and welcome meeting in September

**after your arrival:**
- official opening meeting in October
- *Intercultural Project (IP) and Intercultural Project PLUS (IPP)*: Between October and January, you will be able to find out more about German culture together with local students, and creatively explore an intercultural topic of your choice
- closing session and exhibition of IPP projects in January

**during your stay (optional), you can:**
- take part in a variety of leisure activities in and around Osnabrück
- participate in intercultural supervision or intercultural training
- hone your academic literacy skills or find out more about career options and professional development in Germany

### Application deadline:
August 22nd, 2021

### Start of the project:
mid / end of September

### For more information and sign up
www.uos.de/en/intmentoring

### Contact

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E-mail: intmentoring@uos.de
www.uos.de/en/intmentoring
We need you!

In the 2021/22 winter semester, the International Office is organising the first Intercultural Mentoring Project in collaboration with the Language Centre.

What we offer:

- a local student guide who will tell you everything you need to know about life at the University and in the city of Osnabrück
- supervision, training sessions and other opportunities for intercultural exchange and language learning, as well as an array of leisure activities
- hands-on support to assist you in preparing for your studies at UOS
- first-hand experience of German life and culture

Interested?

Then sign up as a mentee now and we’ll put you in touch with your very own Osnabrück mentor!

More information on the application procedure as well as dates can be found on www.uos.de/en/intmentoring

Why participate?

- Having a mentor makes it much easier to meet local students, make new friends, and get insider tips on the must-do activities in and around Osnabrück!
- You can tap into your mentor’s experience in your particular field of study and get a head-start preparing for your academic life at UOS!
- You can ask your mentor to help you organise your arrival in Osnabrück and help you to settle in to your student dorm
- You can rely on your mentor’s assistance throughout the semester. They can help you find the right mobile phone contract, break down language barriers between you and your dorm’s facility manager, or simply be there to share a meal with you at the University canteen.

What to expect:

- The Intercultural Project (IP): You will have regular meetings with local students who will introduce you to the different facets of life in and around the University as well as the city of Osnabrück.
- The Intercultural Project PLUS (IPP): You will join other local and international students in choosing a project topic that strikes you as particularly interesting from an intercultural perspective, and present your findings during the closing session.
- You can also participate in a host of other activities such as talks, presentations and training sessions, pub quizzes, movie nights, hiking trips or guided tours in and around Osnabrück.