Professional leadership skills play an increasingly important role in the scientific context. Good leadership has a direct impact on the cooperation and success of your team. That is why leadership experience is one of the central components of the academic qualification profile besides research and teaching.

Individual coaching offers support in questions that arise when taking on leadership responsibilities as a young scientist. During the coaching, you will have the opportunity to reflect on your role as a leader and to strengthen and expand your leadership skills.
In individual sessions, young scientists are advised by experienced external coaches who are familiar with the scientific context.

Coaching questions might be, for example:

- How can I motivate my team?
- How to conduct conflict talks?
- How do I select new team members?
- How to assert my interests?
- How do I moderate decisions?
- How to gain time for my research?
- How can I avoid stress?

All coaching measures as well as the individual consultation provided by ZePrOs are subject to confidentiality. Please do not hesitate to contact us if you have any questions about the coaching offer and how to apply!

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