Information from the university management

Symptoms of a cold: Can I go to work?

I have the following symptoms:

A slight cold, a runny nose, but no fever. No impairment of general health.

Infection with slight impairment of general health (coughing, sore throat, a slight temperature), but no knowledge of contact with a confirmed case of COVID-19, and a low general incidence (<50/100,000).

Employee may work (no medical certificate or exclusion from virus required).

Stay at home. Employee may not return to work until the results of the test become available.

The test for coronavirus can be conducted by your general practitioner or possibly at the test center at Winkelhausenstraße/Osnabrück; you must first register via www.116117.de.

You can wait until you feel better, and may resume work without any special conditions 48 hours after showing no symptoms.

Your general practitioner or the test center at Winkelhausenstraße/Osnabrück will conduct the test.

Negative test result

Positive test result

In the event of symptoms, please contact the Medical Officer apl. Professor Dr. Henning Allmers, Tel.: +49 541 969 3329, email: hallmers@uni-osnabrueck.de and clarify what steps need to be taken. Please remember to protect yourself and your colleagues from infection.

Notification of the public health department. Further steps will be discussed in consultation with the public health department.