UNIVERSITÄT OSNABRÜCK

Information from the university management

Symptoms of a cold: Can I go to work?

I have the following symptoms:

A slight cold, a runny nose, but no fever. No impairment of general health.

Employee may work (no medical certificate or exclusion from virus required).

Infection with slight impairment of general health **(coughing, sore throat, a slight temperature),** but no knowledge of contact with a confirmed case of COVID-19, and a low general incidence (<50/100,000).

You can wait until you feel better, and may resume work without any special conditions **48 hours after showing no symptoms**.

Fever (temperature above 38.5 °C)

A dry cough / sore throat (not due to a chronic illness)

Loss of sense of taste and smell

Stay at home. Employee may not return to work until the results of the test become available.

The test for coronavirus can be conducted by your general practitioner or possibly at the test center at Winkelhausenstraße/Osnabrück; you must first register via www.116117.de.

Your general practitioner or the test center at Winkelhausenstraße/Osnabrück will conduct the test.

Negative test result

Positive test result

Notification of the public health department. Further steps will be discussed in consultation with the public health department.

In the event of symptoms, please contact the Medical Officer **apl. Professor Dr. Henning Allmers**, Tel.: +49 541 969 3329, email: hallmers@uni-osnabrueck.de and clarify what steps need to be taken. Please remember to protect yourself and your colleagues from infection.

Grafik: Peter Schmidt Group